



IMAGINE..

A home you can enjoy.
A place you could rediscover relaxation and well being.
High quality care homes at affordable rates.

Comfortable single rooms through to assisted living suites with all the fittings of a luxury hotel, mini kitchen, plasma TVs and full en-suite bathroom.

ENJOY the difference at Pearl

Welcome to Sunnydale.

Thank you very much for your enquiry, it is much appreciated.
The information provided in the next few pages will hopefully answer all your questions, if not please don't hesitate to contact the Manager who will only too happy to provide you with any additional information.

Telephone: 01624 626121

E-mail: sunnydale@cheerful.com

Post: Sunnydale Residential Home
8-11 Stanley View
Douglas
Isle of Man
IM2 3JA

You may also find what you are looking for on our website:

www.Pearlhealthcare.com



Sunnydale is part of the **Pearl Healthcare** group of homes.

Pearl's Mission...

We are dedicated to achieving the balance between homely properties, great locations and the best level of care for you, with your privacy and dignity our priority.

We are monitoring and constantly updating our service and facilities. By introducing national standards in advance of Government schedules and providing up to date training, we hope to raise the bar in home care and build further confidence in our company.

Although not purpose built, all the rooms at Sunnydale are en-suite and spacious – in addition we have listened to our residents and have some unique and innovative facilities planned such as free phone calls and internet access.

We are excited to announce that our studio apartments are now available which provide every modern facility. Please ask for more details.

The best of both worlds!



Philosophy of Care:

1. See each resident as an individual and will endeavour to meet residents' physical, social, emotional and spiritual needs.
2. Recognise and actively promote each individual's right to privacy and maintenance of dignity, and enable them to make informed choices regarding the planning, implementation and effectiveness of their residential care.
3. Motivate and encourage individuals in need of care to achieve optimum levels of health, independence, self confidence and self esteem, involving family and friends, the community and relevant Healthcare professionals
4. Recognise that ageing is a natural and normal process and that it does not restrict or change a person's right to expect to live life to the fullest
5. See all individuals as unique people and as such have the right to participate in all decisions that may affect their welfare and future
6. Ensure that all staff receives a thorough induction and continuous training. This enables us to deliver care that is of a consistently high standard to maintain a good quality of life for the residents in our care
7. We are open and honest with each other, our service users, relatives, advocates and significant others. This enables us to acknowledge any weaknesses and learn lessons from experiences. We take any complaint seriously and ensure we reply to the same with openness and honesty.



Catering:

Sunnydale has its own fully equipped kitchen so meals are cooked right here, good old fashioned home cooking. Fresh meat is delivered daily from a local butcher. Special diets are also catered for.

Breakfast: This is available from 6.30am onwards and continues to 11am to meet the individual requirements of residents and is served in the residents own room.

Lunch is served at 12.30pm, **Tea** at 5pm, with tea and coffee and snacks available throughout the day on request. Staff will let you know what is on the menu each day with alternatives being available.

Supper is available at 8pm with a choice of sandwiches, toast, cereal or biscuits.

All meals are served in one of our three dining rooms or alternatively the staff will happily serve your meals to you in your room.

Birthdays are special and merit a cake baked by our chef.

Specimen menus can be provided upon request.

We will take every care in helping you with your move in to **Sunnydale**. No one underestimates the dilemma in giving up your own home and we will do all we can to assist in your transition to living at **Sunnydale**.

Short stay, respite care or permanent residency is offered. Maybe come for a short stay before you make that final decision?

Every resident will have a trial period, once completed this will be reviewed and discussed to create a personal care package for you at which time an appropriate contract is issued.



Fees

Fees range from £472.50- £650.00 per week depending upon accommodation and care package required, however DHSS funded residents are equally welcome to come and live at Sunnydale. Just think the luxury of no more bills could be yours!

Newspapers and Magazines

These can be ordered on your behalf and will be delivered to with your mail to your room or apartment each day.

TVs' and Telephones

These are available in your room, Internet access or SKY TV can be added to your package once a permanent contract is issued. Internet access is available in the communal areas. Please ask.

Pets

We understand how important a pet may be to you and small pets may be allowed- please ask.

Visiting Times

There are no fixed visiting times, maintaining contact with your family and friends is an important part of your life and as such you can receive guests at any time. Tea and coffee making facilities are available for your relatives to use in our music lounge. Overnight accommodation may be available for relatives visiting from across

Laundry

All personal laundry is done on the premises by our dedicated team of staff but dry cleaning services are not available in house. We can help label your clothes if required.



Personal Possessions

You can bring items of furniture, pictures and ornaments to your accommodation as it will be your home and we actively encourage individuality. A small safe is available upon request.

Hairdresser

We boast a fully equipped hairdressing salon on the first floor where our regular visiting hairdresser will be happy to attend to your hairdressing needs at reduced rates.

Activities

Taking part in activities is doing something rather than doing nothing. An activity can be as commonplace as a friendly chat, a family reminiscence, doing a crossword together, playing cards or looking through a newspaper. These occasions are not to be dismissed or undervalued: they are a valuable link with real life.

Regular activities play a large part in the life of **Sunnydale** for those wishing to join in and are enthusiastically entered into by both residents and staff. Our hugely successful "Get Moving Keep Moving" held on a Monday afternoon and "I Remember I Remember" held on a Thursday afternoon are firm favourites amongst the residents. However our activities also include day trips, trips to the theatre or shopping through to board games etc.

For the comfort of all our residents please note smoking is only allowed in our designated smoke lounge.

What Next?

Come and have a look around, you are welcome to visit the Home at any time or if more convenient to you ring and make an appointment to view and discuss your care package needs with the Manager.

